

## GOSPEL

Mt 11:25-30

A reading from the holy Gospel according to Matthew.

*I am gentle and humble of heart.*

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'

### ■ The Gospel of the Lord.



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# Breaking Open the Word



# THE SAVING WORD

FOURTEENTH SUNDAY IN ORDINARY TIME / A

5 JULY 2026

## COMFORT AND REST

At times life seems burdensome and overwhelming. Depending on where we live in the world or what's been happening to us, this burden can be almost impossible to carry. Today's Gospel offers us—and for those countless numbers in other parts of our world who are faced with suffering, starvation, even death—a consoling and necessary word. We are privileged listeners to Jesus' prayer to the Father. It is, characteristically, in the style of a Jewish blessing prayer, given Matthew's Jewish audience.

The prayer praises God for disrupting social favouritism in favour of children. These are the 'little ones' from last week's Gospel. For Matthew, the socially unaccepted and rejected ones are those whom God blesses with wisdom and insight. This is divine revelation that comes from Jesus through his communion with God.

The final part of today's Gospel is worthy of lingering contemplation. Jesus invites all who listen to the Gospel—and that includes us—to allow him to shoulder our burdens and concerns. He models for us how to be. He is 'gentle and humble of heart'. The evangelist draws Jesus' self-description from the wisdom writings of the First (Old) Testament. It is this wisdom in which souls find comfort and rest. It is a 'yoke' that is easy to bear. Into this welcoming and restful presence, we are invited in our Sunday celebrations of the Eucharist.

Fr Michael Trainor

## FIRST READING

Zech 9:9-10

A reading from the prophet Zechariah

*See how humbly your king comes to you!*

The Lord says this:

'Rejoice heart and soul, daughter of Zion!  
Shout with gladness, daughter of Jerusalem!  
See now, your king comes to you;  
he is victorious, he is triumphant,  
humble and riding on a donkey,  
on a colt, the foal of a donkey.  
He will banish chariots from Ephraim  
and horses from Jerusalem;  
the bow of war will be banished.  
He will proclaim peace for the nations.  
His empire shall stretch from sea to sea,  
from the River to the ends of the earth.'

### ■ The word of the Lord.

## RESP PSALM

Ps 144:1-2, 8-11, 13-14. R. v. 1

**R.** I will praise your name for ever,  
my king and my God. (or Alleluia!)

1. I will give you glory, O God my King, /  
I will bless your name for ever. / I will bless  
you day after day / and praise your name for  
ever. **R.**

2. The Lord is kind and full of compassion, /  
slow to anger, abounding in love. / How good  
is the Lord to all, / compassionate to all his  
creatures. **R.**

3. All your creatures shall thank you,  
O Lord, / and your friends shall repeat their  
blessing. / They shall speak of the glory  
of your reign / and declare your might,  
O God. **R.**

4. The Lord is faithful in all his words / and  
loving in all his deeds. / The Lord supports  
all who fall / and raises all who are bowed  
down. **R.**



## SECOND READING

Rom 8:9, 11-13

A reading from the letter of St Paul to the Romans

*If by the Spirit you put an end to the misdeeds of the body, you will live.*

Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

### ■ The word of the Lord.

## GOSPEL ACCLAMATION

cf. Mt 11:25

**Alleluia, alleluia! / Blessed are you, Father, Lord of heaven and earth, / you have revealed to little ones the mysteries of the kingdom. / Alleluia!**



**14<sup>th</sup> Sunday of the Year 5<sup>th</sup> July 2026**  
**St Joseph's Catholic Church, 30 Fitzgerald Street**  
**St Thomas Aquinas' Church, 43 Bromby Street**

**In the Pastoral Care of the AUGUSTINIANS**

- ▶ Fr Luca Park OSA Parish Priest
- ▶ Fr Francis Park OSA (Korean Chaplain)
- ▶ Fr Brian Buckley OSA Prior

**ADMINISTRATION**

ST JOSEPH'S PARISH CENTRE  
 Tel: Church & Office 9826 9677  
[secretary@parishofsouthyarra.org.au](mailto:secretary@parishofsouthyarra.org.au)  
[www.parishofsouthyarra.org.au](http://www.parishofsouthyarra.org.au)  
**Postal:** Box 21 South Yarra 3141



**MORNING TEA & CHILDREN'S LITURGY**

St. Joseph's • 10.30am Mass  
 Fourth Sunday of the month.  
 (except school holidays and long weekends)  
 St Thomas Aquinas – Morning Tea - last  
 Sunday of the month following 9am Mass

**SACRAMENT OF RECONCILIATION**

St. Joseph's • Sat: 5.10pm – 5.40pm, or by  
 appointment.

**ANOINTING / HEALING MASS**

(*Sacrament of the Sick*) First Tuesday of the  
 month 10am at St Joseph's Church

**HOLY COMMUNION AT HOME**

Anyone ill or housebound may contact us to  
 request a visit for communion at home.

**OUR PARISH AND THE AUGUSTINIANS**

Commit to creating an environment where the safety of  
 children and the vulnerable is paramount. All volunteers are  
 required to have a Working With Children Check.

**Pastoral and Administrative Support**

- ▶ Stefphy Coosnapa (Parish Pastoral Assistant) ▶ Joel Sanchez (Business & Facilities Manager: Wed - Fri)
- ▶ Safeguarding: Stefphy Coosnapa ▶ Aryana Vega (St Joseph's Outreach Services: Mon, Tues, Thurs)
- ▶ Toni Stuart (Parish Secretary, Weddings & SJOS Volunteer Co-ordinator: Tues/Thurs/Fri)

**Liturgical Calendar** for the week commencing 5<sup>th</sup> July 2026

DAY	ST JOSEPH'S	ST THOMAS
	TIME	AQUINAS'
	TIME	TIME
Saturday 4 <sup>th</sup> July	6.00pm Vigil Mass	
Sunday 5 <sup>th</sup> July 14 <sup>th</sup> Sunday of the Year	10.30am Mass	9.00am Mass
Monday 6 <sup>th</sup> July 14 <sup>th</sup> Week of Ordinary Time		
Tuesday 7 <sup>th</sup> July 14 <sup>th</sup> Week of Ordinary Time	10am Anointing/Healing Mass	12.45pm Mass
Wednesday 8 <sup>th</sup> July 14 <sup>th</sup> Week of Ordinary Time	10am Mass	12.45pm Mass
Thursday 9 <sup>th</sup> July 14 <sup>th</sup> Week of Ordinary Time	10am Mass	12.45pm Mass
Friday 10 <sup>th</sup> July 14 <sup>th</sup> Week of Ordinary Time	10am Mass	12.45pm Mass
Saturday 11 <sup>th</sup> July St Benedict	9am Mass 6.00pm Vigil Mass	

**ABORIGINAL AND TORRES STRAIT ISLANDER SUNDAY July 5<sup>th</sup>**

Aboriginal and Torres Strait Islander Sunday will celebrate and recognise the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. This year's theme chosen by the National NAIDOC Committee is "Walking together in Christ: 40 years on!"



**EVENTS AND MEETINGS**

- ▶ **Christian Meditation:** 10.45am 10<sup>th</sup> July
- ▶ **Parish Council:** Wed 8<sup>th</sup> July 7pm
- ▶ **Anointing/Healing Mass:** Tues 7<sup>th</sup> July 10am
- ▶ **Parish Social:** Sat 15 August

**Pope Leo – On Artificial Intelligence**



I would like to employ the expression "to disarm," which is close to my heart. Disarming AI means freeing it from the mentality of "armed" competition, which today is not limited simply to the military context, but is also an economic and cognitive phenomenon. This entails a race for ever more powerful algorithms and larger datasets, driven by the desire to secure geopolitical or commercial dominance. To disarm means discrediting the assumption that technical power automatically confers the right to govern. (Magnifica Humanitas)

**AUGUSTINIAN PROVINCIAL CHAPTER**

The Augustinian Provincial Chapter concluded on Friday 3<sup>rd</sup> July in Sydney. Fr Tony Banks OSA was confirmed as the new Provincial and plans for the coming four years were discussed. We thank you for your prayerful support.

**ANOINTING MASS 7<sup>th</sup> JULY**

The monthly Mass of Healing or Anointing will be celebrated on Tuesday July 7<sup>th</sup> at St. Joseph's Church. All parishioners wishing to receive the Sacrament are welcome.



**PRAYERS FOR THE SICK** Margaret Wallin, Anne Rigg, Mitos Gloudemans, Ced John Netto, Julie Mahony, Paul Chong, Isabella Chong, Luke Dennis, Sonia Guzman, Damien Ryan, Cecil D'Cruz, Joanna Howe, Janine Forster, Christie De Silva, Anita Zai, Maurice & Pauline Sheehan, Rosie Gucciardo, Nichole Garnaut, Enid Netto, David Mills, Andrea Dreher, Charles, Tom Greene, Anna Slawek.



**IN LOVING MEMORY**



**Recently Deceased**  
 ✦ Julie Ann Connolly

**Anniversaries**

- ✦ Mary Taylor ✦ William Kendall Cahill
- ✦ Catherine & Alex Brebner
- ✦ Jean de Campo ✦ Mary Dullard
- ✦ Eduardo Bicudo de Castro
- ✦ Dorairaj Thambirajah ✦ Margaret Bennett
- ✦ Robert Banks

**CHRISTIAN MEDITATION**

Every Friday 10:45 to 11:30 am St Joseph's Church  
 All Ages Welcome. Come as you are — no experience needed.  
 Led by: Priscilla Murphy Ph: 0476 391 702  
 Email: [prmurphy0550@gmail.com](mailto:prmurphy0550@gmail.com)

**SAVE THE DATE!**

**PARISH SOCIAL AND GAMES NIGHT**  
 Saturday 15<sup>th</sup> August

**FRIENDS OF ST AUGUSTINE NATIONAL LAY CONGRESS**

9-11 October  
 Booking Inquiries: Judith Duncan 0417 309 747 / Mary McCormick 0419 134 075



**CDF - Save for a greater reward**  
 Help fund projects across Catholic organisations including parishes,

hospital wings and classrooms, with a CDF Community Fund savings account. Scan the QR code or call 1800 134 135 for more information.



**MASS COLLECTION 28/06/2026**

<b>Clergy (Augustinian Community)</b>	
1 <sup>st</sup> Collection, CDF & bank deposits...	\$ 789.40
<b>Church (Parish Ministries)</b>	
2 <sup>nd</sup> Collection .....	\$ 310.95
Envelopes.....	\$ 70.00
Direct Debit/EFT/ CDF Pay/ Cr Cards...	\$ 345.60
Tap Point Terminals.....	\$ 329.00

*Thank you for your generosity*