



The Prayer to Christ

(attributed to Saint Augustine of Hippo.)

You are Christ, my Holy Father, my Tender
God, my Great King, my Good Shepherd,
my Only Master, my Best Helper, my Most
Beautiful and my Beloved, my Living

Bread, my Priest Forever, my Leader to my Country, my True Light, my Holy
Sweetness, my Straight Way, my Excellent Wisdom, my Pure Simplicity, my
Peaceful Harmony, my Entire Protection, my Good Portion, my Everlasting
Salvation.

Christ Jesus, Sweet Lord, why have I ever loved, why in my whole life have I
ever desired anything except You, Jesus my God? Where was I when I was
not in spirit with You? Now, from this time forth, do you, all my desires, grow
hot, and flow out upon the Lord Jesus: run... you have been tardy until now;
hasten where you are going; seek Whom you are seeking. O, Jesus may he
who loves You not be an anathema; may he who loves You not be filled with
bitterness.

O Jesus, may every good feeling that is fitted for Your praise, love You,
delight in You, adore You! God of my heart, and my Portion, Christ Jesus,
may my heart faint away in spirit, and may You be my Life within me! May the
live coal of Your Love grow hot within my spirit and break forth into a perfect
fire; may it burn incessantly on the altar of my heart; may it glow in my
innermost being; may it blaze in hidden recesses of my soul; and in the days
of my consummation may I be found consummated with You!

Amen.